

## Golden Sage Martial Arts and DanZan Ryu Zenyo Bujutsu

Golden Sage Martial Arts goal and self-defense philosophy



Hurting yourself and others is easy assisting the healing of yourself and others is challenging. Generally speaking Self-defense is in accordance with your local laws is a better way to remain a respectable member of society. Skillful use of only what force is needed to escape. If faced with death or severe bodily damage the level of force for self-defense needed may be higher.

Knowing what the appropriate legal and moral reactions to physical threats from an attacker an ongoing exploration is the mission.

### **Can I avoid the confrontation and remove myself from the situation?**

If I must defend myself or someone else what is the most efficient and the most appropriate use of force for a grab, a throw, choke, a punch, a kick, a multiple person attack? How do I defend against an attack from different edged weapons, or defense against guns, and other firearms?

In order to know how to defend against these attacks you also need to know how to efficiently deliver these attacks.

### **DanZan Ryu Zenyo Bujutsu and Golden Sage Martial Arts** **The martial art where all martial arts are found within.**

How long do you think this would take? Answer many life times! Why study a self-defense-healing art system that is so inclusive teaching all ages and abilities and requires so much dedication, sweat, frustrations and personal challenges?

Because you, your loved ones and society benefits from another strong compassionate, skilled person strong enough to put the needs of others before their own.

What is helpful is an open mind, critical thinking, and a curiosity to learn all you can! What is essential the willingness to serve others. We seek to resolve the conflict within ourselves so that we may be ready to use conflict resolution in the real world that we help to create.

### **The best Martial Art first heals the violence within!** The Bushidokan Martial Arts Temple

